



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact BlueCross BlueShield of Tennessee at 1-800-245-7942 or visit [www.bcbst.com](http://www.bcbst.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov](http://www.healthcare.gov) or call 1-800-318-2596 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	In-network: <b>\$1,650</b> Ind / <b>\$3,300</b> Family*. Out-of-network: <b>\$3,300</b> Ind / <b>\$6,600</b> Family* Doesn't apply to preventive care. Copays, premiums, and vision care do not apply to the deductible.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. The <b>deductible</b> starts over on January 1st of each plan year. If you have other family members on the policy, the overall family deductible must be met before the plan begins to pay. See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">Preventive care</a> services are covered at 100 % and do not apply toward the <a href="#">deductible</a> .	You don't have to meet the <a href="#">deductible</a> before preventive care services are covered. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at <a href="https://www.healthcare.gov/coverage/preventive-carebenefits/">https://www.healthcare.gov/coverage/preventive-carebenefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No	You don't have to meet <a href="#">deductibles</a> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	For <a href="#">network providers</a> \$4,500 individual / \$9,000 family*; for <a href="#">out-of-network providers</a> \$9,000 individual / \$18,000 family*	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. This limit helps you plan for health care expenses.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, out-of-network vision services/materials, amount of reduced or denied benefit for failure to obtain preauthorization for services, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See <a href="http://www.bcbst.com">www.bcbst.com</a> or call 1-800-245-7942 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before

Important Questions	Answers	Why This Matters:
		you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No. You don't need a referral to see a <a href="#">specialist</a> .	You can see the <a href="#">specialist</a> you choose without permission from this plan.

\*For those employees on the four-tier structure, Family includes: Individual + Child(ren), Individual + Spouse and Family.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's office</a> or clinic	Primary care visit to treat an injury or illness	20% co-insurance	40% co-insurance	None
	<a href="#">Specialist</a> visit	20% co-insurance	40% co-insurance	None
	<a href="#">Preventive care / screening</a> / immunization	No Charge	No Charge	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% co-insurance	40% co-insurance	None
	Imaging (CT/PET scans, MRIs)	20% co-insurance	40% co-insurance	Prior Authorization required. Benefits may be reduced or denied if not obtained.
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.express-scripts.com">www.express-scripts.com</a>	Generic drugs	20% \$10 min/\$100 max retail 20% \$20 min/\$200 max mail order	Reimbursed the amount the drug would've cost at an in-network pharmacy minus the retail copayment you would've paid	Plan covers up to 30-day supply (retail prescription); up to 90-day supply (mail order prescription or participating Smart90 retail pharmacy).  Your plan uses a preferred drug list which identifies the status of covered drugs.
	Preferred brand drugs	20% \$24 min/\$100 max retail 20% \$48 min/\$200 max mail order	Reimbursed the amount the drug would've cost at an in-network pharmacy minus the retail copayment you would've paid	Some drugs may require preauthorization. If the necessary preauthorization is not obtained, the drug may not be covered.
	Non-preferred brand drugs	20% \$39 min/\$100 max	Reimbursed the amount	You pay the difference in cost if you or the

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.bcbst.com](http://www.bcbst.com).]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		retail 20% \$78 min/\$200 max mail order	the drug would've cost at an in-network pharmacy minus the retail copayment you would've paid	prescriber requests a brand name drug when a generic equivalent is available.  After a maintenance medication prescription is filled 3 times at retail, you will be required to pay 100% on the 4th (and subsequent) fill if not filled through mail order or through a participating Smart90 retail pharmacy).
	<a href="#">Specialty drugs</a>	Preferred: 20% \$24 min/\$100 max retail Non-preferred: 20% \$39 min/\$100 max retail <i>Note: Mail order pricing does not apply to specialty drugs</i>	Reimbursed the amount the drug would've cost at an in-network pharmacy minus the retail copayment you would've paid	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% co-insurance	40% co-insurance	<a href="#">Preauthorization</a> is required. Benefits may be reduced or denied if not obtained.
	Physician/surgeon fees	20% co-insurance	40% co-insurance	None
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	20% co-insurance	20% co-insurance	None
	<a href="#">Emergency medical transportation</a>	20% co-insurance	20% co-insurance	
	<a href="#">Urgent care</a>	See Limitations & Exceptions	See Limitations & Exceptions	Urgent Care benefits are determined by place of service, such as physician's office or ER
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a>	40% co-insurance	<a href="#">Preauthorization</a> is required. Benefits may be reduced or denied if not obtained.
	Physician/surgeon fees	20% <a href="#">coinsurance</a>	40% co-insurance	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	20% co-insurance	40% co-insurance	None
	Inpatient services	20% co-insurance	40% co-insurance	Prior Authorization required for certain outpatient procedures.
<b>If you are pregnant</b>	Office visits	20% <a href="#">coinsurance</a>	40% co-insurance	None
	Childbirth/delivery professional services	20% <a href="#">coinsurance</a>	40% co-insurance	

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery facility services	20% <a href="#">coinsurance</a>	40% co-insurance	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a>	40% co-insurance	Prior Authorization required. Benefits may be reduced or denied if not obtained.
	<a href="#">Rehabilitation services</a>	20% <a href="#">coinsurance</a>	40% co-insurance	Therapy limited to 60 visits per type per year. Cardiac/Pulmonary Rehab limited to 36 visits per year.
	<a href="#">Habilitation services</a>	20% <a href="#">coinsurance</a>	40% co-insurance	
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance</a>	40% co-insurance	Prior Authorization required. Benefits may be reduced or denied if not obtained.
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance</a>	40% co-insurance	Prior Authorization may be required.
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance</a>	40% co-insurance	Prior Authorization required. Benefits may be reduced or denied if not obtained.
<b>If your child needs dental or eye care</b>	Children's eye exam	\$10 co-pay	40% of maximum allowable charge (MAC) + 100% of any amount over MAC	None
	Children's glasses	Children under 19 have a selection of frames to choose from. Frames: \$10 co-pay / \$130 allowance, 20% discount on amount Single Vision Lens: \$10 co-pay	Frames: 40% of MAC + 100% of any amount over MAC Single Vision Lens: 40% of MAC + 100% of any amount over MAC	
	Children's dental check-up	Not Covered	Not Covered	

**Excluded Services & Other Covered Services:**

Services Your <a href="#">Plan</a> Generally Does NOT Cover (Check your policy or <a href="#">plan</a> document for more information and a list of any other <a href="#">excluded services</a> .)		
<ul style="list-style-type: none"> <li>• Cosmetic surgery</li> <li>• Dental care (Adult)</li> <li>• Dental care (Children)</li> </ul>	<ul style="list-style-type: none"> <li>• Long-term care</li> <li>• Non-emergency care when traveling outside the U.S.</li> <li>• Private-duty nursing</li> </ul>	<ul style="list-style-type: none"> <li>• Routine foot care for non-diabetics</li> <li>• Weight loss programs</li> </ul>

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.bcbst.com](http://www.bcbst.com).]

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids (Adults and Children)
- Infertility treatment

**Your Rights to Continue Coverage:** For employees under the plan: As a Federal governmental plan, if you lose coverage under the plan, you will not be able to continue coverage under the plan pursuant to certain laws such as COBRA. However, the plan does provide for you to be able to continue coverage for up to 3 months following the month you are no longer eligible for coverage. This temporary continuation coverage will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan.

For retirees under the plan: You only lose coverage if you cancel your coverage yourself or if your coverage is cancelled due to non-payment. If you lose coverage, you will not be eligible to enroll at a future date.

For more information on your ability to continue coverage under the plan, contact TVA's People First Service Center at 888-275-8094.

Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: BlueCross BlueShield of Tennessee at 1-800-245-7942 or [www.bcbst.com](http://www.bcbst.com).

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-245-7942.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-245-7942.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-245-7942.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-245-7942.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,650
- [Specialist coinsurance](#) 20%
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$1,650
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$2,100
<i>What isn't covered</i>	
Limits or exclusions	\$70
<b>The total Peg would pay is</b>	<b>\$3,820</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,650
- [Specialist coinsurance](#) 20%
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$1,650
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$600
<i>What isn't covered</i>	
Limits or exclusions	\$400
<b>The total Joe would pay is</b>	<b>\$2,650</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,650
- [Specialist coinsurance](#) 20%
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$1,650
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$10
<b>The total Mia would pay is</b>	<b>\$1,860</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.